



A Partial List of Personal Trainers

Certified to Train Exercisers in Integrated Body Conditioning[®]

Name of Trainer	City and State	Telephone	e-mail
Paige Albiniak	Boulder, CO	303.593.0227	palbiniak@yahoo.com
Stefanie Ancona	Longmont, CO	303.485.8193	anconas@ci.boulder.co.us
Cathy Beach	Aspen, CO	970.544.3720	cathbeach@aol.com
Barbara Bradley	Boulder, CO	303.546.9455	ruebarb1@aol.com
Cydney Brooks	Boulder, CO	720.938.8503	trainercyd@yahoo.com
David Buchler, M.D.	Lafayette, CO	720.304.0850	heybucky@gmail.com
Coleen De Reuck	Boulder, CO	303.544.1849	kwazulu11@msn.com
Dodd, Julia	Durango, CO	970.382.0285	pearlimae@aol.com
Stephanie Foley	Greenwood Village, CO	303.618.6758	steph8058@aol.com
Shelley Garcia	Frederick, CO	303.833.3414	sgarcia337@yahoo.com
Heidi Garner	Rye, CO	719.489.2006	yournewimage@ghvalley.net
Denny Gold	The Sea Ranch, CA	707.785.2208	fitden@aol.com
Susan Golden	Boulder, CO	303.545.6491	goldens@ci.boulder.co.us
Marti Harris	Boulder, CO	303.444.7593	rharris770@aol.com
Deb Hapke	Lakewood, CO	303.988.4330	everybodyfitness@msn.com
Courtney Hepner	Nederland, CO	303.579.4268	
Summer Jane Kennedy	Boulder, CO	303.413.7264	kennedysu@bouldercolorado.gov
Rena Kirkland	Boulder, CO	303.417.8888	rena@tranaero.com
Jean Labaree	Grand Junction, CO	970.245.9123	hjlabaree@aol.com
Steve Lubbers	Aurora, CO	303.617.0643	bts70@msn.com
Judd Nesmith	Boulder, CO	720.231.4743	juddster68@hotmail.com
Lizabet Latvala	Gualala, CA	707.884.9582	lizabet@care2.com
Julia Paige	Boulder, CO	720.298.4443	turtlefitnessinc@yahoo.com
Martin Petrofes	Arvada, CO	303.803.7918	thekidsgym@yahoo.com
Ted Romero	Boulder, CO	303.870.0735	tromero31@hotmail.com
Kristen Rupert	Boulder, CO	303.413.7478	rupertk@bouldercolorado.gov
Tom Schlatter	Boulder, CO	303.497.6938	tom.schlatter@noaa.gov
Don Spear	Gualala, CA	707.884.3079	dspear@mcn.org
Tammy Steele	Boulder, CO	303.544.0308	rideonsteele@comcast.net
Kathleen Weber	Boulder, CO	303.494.0335	NitSan@hotmail.com